

Reflection

What do you like about our Friendly Friday Walks with the whole school?

I like being able to socialize and get some fresh air in before actually starting the school part so that when I walk into the classroom, I feel fresh and woken up.

What do you like about our Division 21 morning walks?

Basically the same thing as the first one, however I like also being able to freely run and get a little exercise in to further wake me up.

Does it help your learning? How?

It does help my learning because usually getting out of bed early makes me feel very tired, however, walking and breathing fresh air and socializing wakes me up in a way where I become ready to learn once the learning actually starts.