

JOIN US TO EXPERIENCE

Blair Cares in Action

CHECK OUT THREE 10-MINUTE SESSIONS TO
GROW YOUR EMOTIONAL INTELLIGENCE

Ellen Hsu, our SEL District Consultant, and the Blair teaching staff have prepared various break-out sessions for families and children to learn skills and strategies.

WHEN

Wednesday, April 12th, 2023
6:00–7:15pm

Sessions Offered

- Mindfulness
- Gratitude Circles
- Emotional Check-Ins
- Self-Regulation Strategies
- Stories and Resources
- Outdoor Learning
- SEL & Hands-On Materials in the Blair Studio



WHERE

Archibald Blair Elementary
Gynamsium to start with station rotations to follow

A wonderful opportunity to spend time with your family learning about the importance of developing social-emotional intelligence.

Walk away with practical ideas to use at home to strengthen the connection between home and school.