

## Blair’s Week-At-A-Glance (WAAG) for Families:

**November 4-8, 2024**

Dear Blair Families,

We have enjoyed learning about and celebrating Halloween and Diwali this week, and had a fun gathering in costumes at school on October 31! This week we will host our Remembrance Day Assembly, a time to recognize the brave individuals who sacrificed in service to Canada and its allies during times of conflict, war and peace. It serves as a poignant opportunity to reflect on and honour those who have served and continue to serve in Canada’s military, allowing us to enjoy the benefits of a peaceful and democratic nation. Families are welcome to come to the assembly, November 8 at 10:30, but please note that there will be limited seating.

Have a wonderful weekend.

-Mr. Livingston

### ***Highlights For Next Week Include:***

|                                    |  |
|------------------------------------|--|
| <p><b>Monday</b><br/>Nov. 4</p>    | <ul style="list-style-type: none"> <li>• Candy Collection in the Foyer (last day for donations)</li> <li>• PAC Pizza lunch day</li> </ul>                            |
| <p><b>Tuesday</b><br/>Nov. 5</p>   |  |
| <p><b>Wednesday</b><br/>Nov. 6</p> |  |
| <p><b>Thursday</b><br/>Nov. 7</p>  |  |
| <p><b>Friday</b><br/>Nov. 8</p>    | <ul style="list-style-type: none"> <li>• 10:30 am Remembrance Day Assembly – limited seating available for families to come; please enter through Door #3</li> </ul> |

### **Upcoming Important Dates and Special Events:**

Nov 11      Statutory Holiday – School Closed  
Nov 15      Individual Photo Retakes (morning)

# Significant Dates in our Community



**National Inuit Day: Nov. 7**  
**Indigenous Veteran's Day: Nov. 8**



Indigenous Veterans Day, observed on November 8 in Canada, honors the contributions of First Nations, Métis, and Inuit veterans. Established in 1994, it acknowledges the bravery and sacrifices of Indigenous soldiers in various conflicts, celebrating their service and raising awareness of their important role in Canadian military history.



National Inuit Day, celebrated annually on November 7, honors Inuit culture, heritage, and the significant contributions of Inuit communities across Canada and the circumpolar world. Established in 2006 by Inuit Tapiriit Kanatami (ITK), an organization representing Inuit interests in Canada, this day recognizes the importance of Inuit traditions, language, and the challenges faced by Inuit communities. It is a time to raise awareness about Inuit rights, promote the protection of Arctic environments, and advocate for social, economic, and cultural initiatives that support Inuit well-being. National Inuit Day serves as a reminder of the rich and resilient Inuit culture and the ongoing efforts to preserve it for future generations.

## Dress for the weather!



winter coat



rain coat



rain or waterproof snow boots



mittens



hats



scarf



extra clothing including socks

## PAC Hot Lunches

November Hot Lunch Orders are due Friday November 1 for Monday's hot lunch!

[www.blair.sd38.bc.ca](http://www.blair.sd38.bc.ca)



Thank you to the PAC for donating Pumpkins and Glowsticks as draw prizes for some of our students this week!!

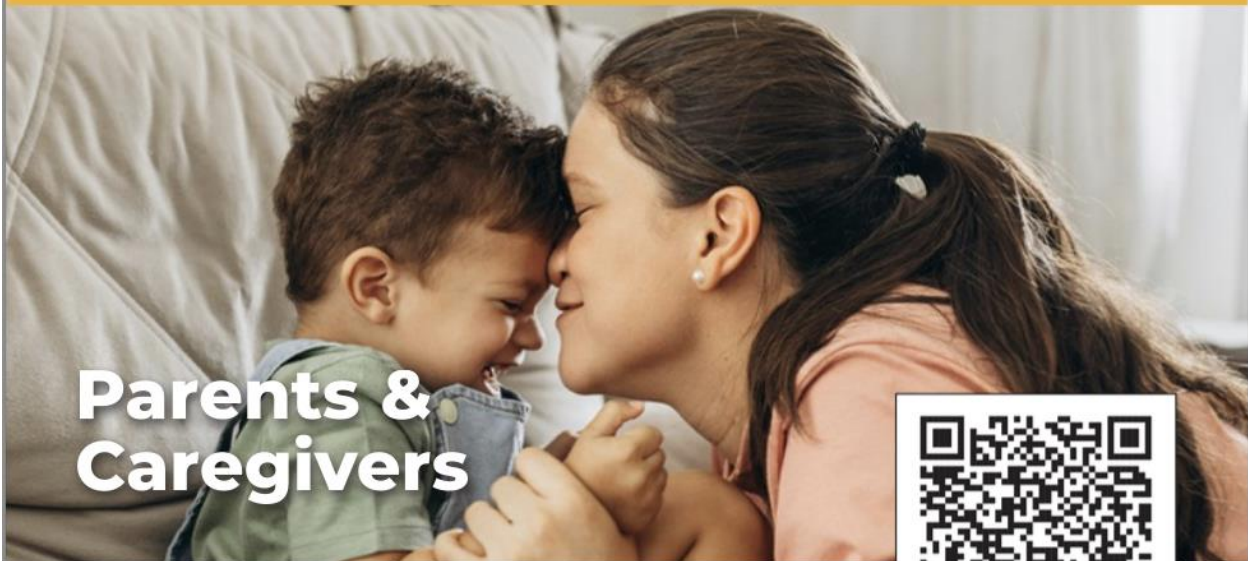
Please view minutes from our October 2024 PAC Meeting [here](#)

## REMEMBER TO BRING YOUR CANDY DONATIONS BY NOVEMBER 4TH!!!!

The Leadership students at McMath Secondary School, along with the The Good Shepherd Ministry, are looking for the help and support of the Richmond community. Together our goal is to help provide some assistance to those living on the downtown east side. We are asking for donations of pre-packaged candy that will be gifted to those in need.



# Creating Healthy Attachment & Boundaries



**Parents & Caregivers**



**Brighthouse Library  
Registration Required**

**Wednesday,  
November 6  
6:00-7:30pm**

Learn how to create healthy attachment with your child and take home practical strategies to use right away.

**Wednesday,  
November 13  
6:00-7:30pm**

Learn about how to set boundaries with your child, when to say “no” and how to address big emotions.

**yourlibrary.ca**



CONNECT &  
LEARN WITH  
US!



## In Person Community Events for Parents & Caregivers

**Location:** McMath Secondary School (Rotunda room) 4251 Garry St, Richmond, B.C.

**Date:** Thursday, November 7, 2024

**Time:** 6:30 – 8:00 PM

### Emotion Regulation

When kids frequently have big emotions, parenting can be overwhelming and tiring. As parents, we play an important role in helping our kids manage their big emotions. Discover some strategies and skills to make it easier for your kids and you.

Join us to learn about emotion regulation and dysregulation from Nicole Allen, Registered Clinical Counsellor.

This video presentation will be followed by a facilitated discussion by the Family Peer Support Workers in Richmond.

**Cost:** Free

**Register at:** [familysmart.ca/events](https://familysmart.ca/events)

**Questions?**

Email: [sandie.raai@familysmart.ca](mailto:sandie.raai@familysmart.ca)  
or Phone/Text: 604-607-9570



[familysmart.ca](https://familysmart.ca)

Richmond School District

# Kindergarten

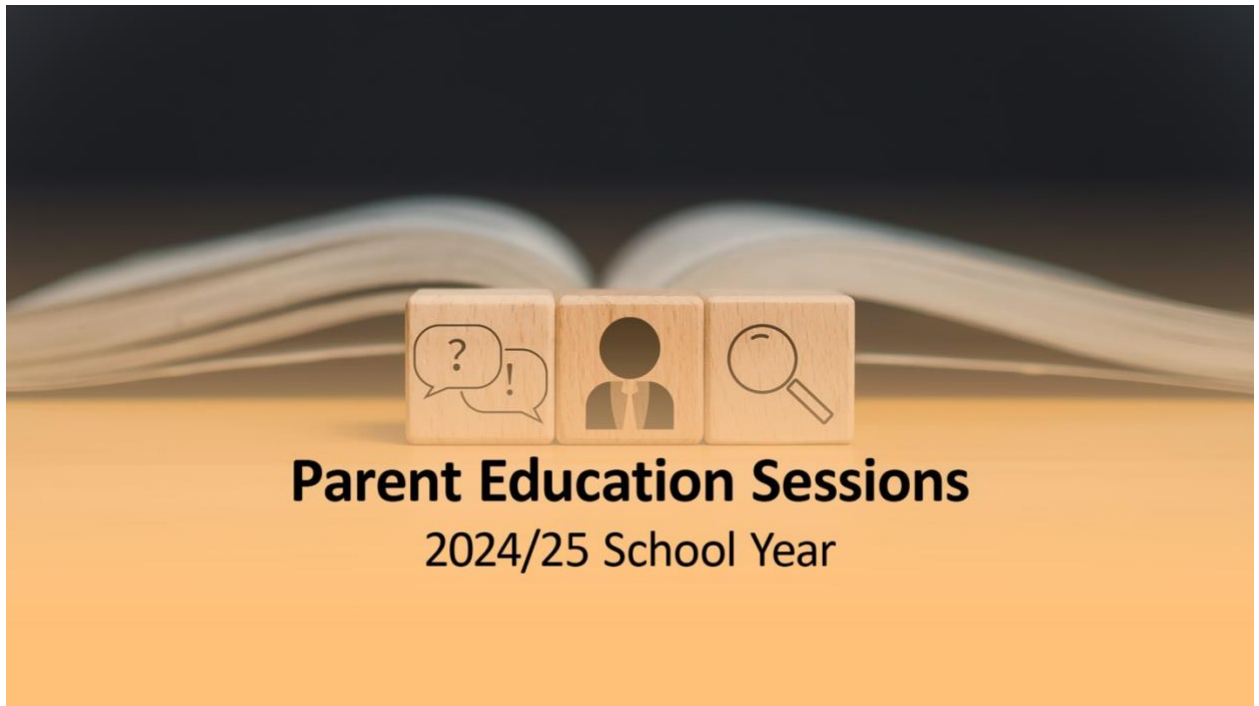
## Registration

November – January



[sd38.bc.ca/kindergarten](https://sd38.bc.ca/kindergarten)

**RICHMOND**  
SCHOOL DISTRICT NO. 38



## Parent Education Sessions

2024/25 School Year

The Richmond School District is excited to offer the following parent education sessions during the 2024/25 school year:

- Social Media Awareness, Digital Citizenship, and Cyberbullying
- Cellphones: What's Healthy, What's Not, and What We Can Do to Support Our Kids
- Reclaiming Play: Revitalizing Childhood to Combat Anxiety and Aggression
- Cybersafe from Exploitation

These virtual sessions are open to all parents in the Richmond School District and will provide practical strategies, expert insights, and tools to support your child's well-being in the digital age. Please see below for detailed descriptions of each session and registration information. We look forward to your participation!

### [Social Media Awareness, Digital Citizenship, and Cyberbullying](#)

Presented by Steven MacDonald

November 13, 2024 | 6:30 – 8:30 p.m.

As a parent/guardian, you lead the charge as a digital role model. Help your child develop a strong digital citizenship foundation while reminding them that their digital tattoo reflects their real and online selves. Parents/guardians have an important role to play in providing support and guidance during critical periods. A snapshot of current trends and concerning apps will be provided to equip you in your digital parenting strategy.

[Click here to register](#)