

Blair's Week-At-A-Glance (WAAG) for Families:

February 24-28, 2025

Dear Blair Families,

We have been enjoying some warmer weather lately, but we are still in winter! Thank you for continuing to send your child with boots and jackets to go outside at recess and lunch.

I encourage you to attend the Parent Education Session with Hannah Beach, offered virtually through SD38 on February 25! Please see below for more information.

We look forward to the rest of Term 2, including the next Learning Update (Parent Teacher Conferences) scheduled for next week, supported by our February 25th 11:50am early dismissal. Please make sure that you book a conference time with your child's teacher!

-Mr. Livingston

Highlights For Next Week Include:

Monday Feb. 24	<ul style="list-style-type: none"> • PAC Rice Bowl Lunch Day • 3:00 Girls' Basketball Home Game vs Diefenbaker
Tuesday Feb. 25	<ul style="list-style-type: none"> • Early Dismissal for Conferences 11:50am • 6:30 SD38 Parent Education Session with Hannah Beach: Virtual
Wednesday Feb. 26	<ul style="list-style-type: none"> • Pink Shirt Day • Fruit and Veggie Program • 3:00 Boys' Basketball Away Game vs McKay • 3:00 Girls' Basketball Home Game vs Spul'u'kwuks • 8:00 PAC Meeting (online)
Thursday Feb. 27	<ul style="list-style-type: none"> • Boys' Basketball Away Game vs Brighthouse
Friday Feb. 28	<ul style="list-style-type: none"> • Young Actors Project Make Up Sessions • 12:00 PAC Lunch Day

Upcoming Important Dates and Special Events:

Mar 5/6	Burnett Basketball Tournament
Mar 14	Last day before Spring Break
Mar 31	School reopens after Spring Break
Apr 18	Good Friday No School in session
Apr 21	Easter Monday No School in session
Apr 25	Term 2 Written Learning Updates/Report Cards published on MyEd

Significant Dates in our Community

February is Black History Month

Maha Shivaratri: Feb. 26

Pink Shirt Day: Feb. 26

Ramadan Begins (Ends March 29): Feb. 28



Ramadan is the holiest month in Islam, observed by Muslims worldwide as a time of fasting, prayer, reflection, and community. It falls in the ninth month of the Islamic lunar calendar and lasts 29 or 30 days, depending on the sighting of the moon. During Ramadan, Muslims fast from dawn to sunset, abstaining from food, drink, and other physical needs, focusing on spiritual growth, self-discipline, and devotion to God. Nights are spent in prayer, including Taraweeh (special nightly prayers), and the Quran is recited. The month concludes with Eid al-Fitr, a festival of feasting and gratitude. Ramadan fosters charity, compassion, and a deeper connection with faith.



Maha Shivaratri is a major Hindu festival dedicated to the worship of Lord Shiva, celebrated annually on the 13th night/14th day of the Phalguna month (usually in February or March). The day is marked by fasting, night-long vigils, prayers, and chanting of mantras, particularly the Om Namah Shivaya mantra. Devotees believe that observing Maha Shivaratri brings spiritual benefits, purification, and the opportunity to seek blessings from Lord Shiva for health, prosperity, and liberation. The festival is widely observed in India and Nepal, with significant celebrations at temples and sacred sites. It is a time for deep meditation and devotion, symbolizing the victory of light over darkness.

PAC Hot Lunches

February Hot Lunch Orders are available on MunchALunch.

Please also note new vendors!

www.blair.sd38.bc.ca



Blair Elementary School

After School Hangout

GRADES K-7

Connect with other kids with fun and interactive activities after school. For Blair Elementary students only. Please provide a healthy peanut free snack for your child.

Tuesdays & Thursdays
Apr 01 – Jun 26
2:45 – 5:00 PM
\$514.80 / 26 sess
#00400224

3 WAYS TO REGISTER:

Online at www.richmond.ca/register
Over the phone, Monday to Friday, 8:30AM - 5:00PM, at 604-276-4300
In-person at Thompson or any other community facility.

Please contact Hana Hekal, Community Development Coordinator, for any question at hhekal@richmond.ca or 604-238-8426.



Dress for the weather!



winter coat



rain coat



rain or waterproof snow boots



mittens



hats



scarf



extra clothing including socks



Reclaiming Play: Revitalizing Childhood to Combat Anxiety and Aggression

Parent Education Session | February 25, 2025

Parent Education Session: Presented by Hannah Beach

February 25, 2025 | 6:30 – 8 p.m.

Children are becoming more anxious and aggressive. The common thread? A stark decline in free play. After this session, you may never see play the same way again. Our current culture has replaced play with entertainment and structured activities. We are now seeing the emotional side effects of the loss of play in the lives of children as aggression and anxiety in young people is at an all-time high.

The research is clear: children learn and develop best through play. And yet, children are playing less than ever. In fact, this is the first generation of children that does not have a play-based childhood. The side effects? Children and youth are struggling. It has become harder than ever to lead and care for kids.

This conversation has never been more important as we look at how we can support children's emotional health and learning. We'll unpack the science behind play and how it lowers anxiety and aggression, builds resilience, and fosters social and emotional health.

Little changes can have big effects. Join Hannah for a powerful workshop that will help you discover practical ways to transform your family culture and support your children in becoming their best selves.

Closed captioning in multiple languages will be available for participants.

[Click here to register](#)

Or [go to our School District Website!](#)

About the Presenter

Hannah Beach

Hannah Beach is an award-winning educator, author, emotional health consultant, and keynote speaker. She is the co-author of the best-selling book *Reclaiming Our Students: Why Children Are More Anxious, Aggressive, and Shut-Down than Ever — and What We Can Do About It*.

Hannah was recognized by the Canadian Human Rights Commission in 2017 as one of five featured changemakers in Canada. Her bestselling *I Can Dance* book series, supporting the emotional health of children through movement, play, and expression, won a 2017 Gold International Moonbeam Children's Book Award. You can find her at hannahbeach.ca.

Richmond Board of Education Strategic Plan 2025–2030



Shaping the Next Five Years, Together.



Scan to learn more and find
out how you can get involved

  | sd38.bc.ca/strategicplan

RICHMOND
SCHOOL DISTRICT NO. 38



SPRING + SUMMER BIKE, SOCCER, SWIM & TRAIL



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PEDALHEADS WILL DONATE \$25 TO YOUR SCHOOL PAC WITH EVERY CODE USED.

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SPRING + SUMMER REGISTRATION

Camps & lessons for kids aged 2-12

JAN
21

SPRING BREAK
Bike, Swim, Soccer, Trail

FEB
11

SPRING
Swim and Soccer

APR
8

SUMMER
Bike, Swim, Soccer, Trail



Abbotsford • Burnaby • Coquitlam • Delta • Kelowna • Langley •
Nanaimo • North Vancouver • Port Coquitlam • Richmond •
Surrey • Tsawwassen • Vancouver • Victoria • West Vancouver

Need dental insurance?

If your children don't have dental insurance, they may be eligible for dental benefits.



Canadian Dental Care Plan

Eligibility:

- ✓ Do not have access to dental insurance
- ✓ Have an adjusted family net income of **less than \$90,000**
- ✓ Be a Canadian resident for tax purposes
- ✓ Have filed your tax return in the previous year
- ✓ Children must be **under 18 years old**

*If your child has dental insurance through a provincial, territorial or federal government social program, **they can still qualify** for the Canadian Dental Care Plan*



Scan here for more info and how to apply!

BC Healthy Kids Program

Eligibility:

- ✓ Must be eligible for Medical Services Plan (MSP) Supplementary Benefits
- ✓ Have an adjusted family net income of **\$42,000 or less**
- ✓ Children must be **under 19 years old**



Scan here for more info and how to apply!

Visit www.vch.ca/dentalhealth for dental health services and resources.

For more copies, go online at vch.eduhealth.ca or email phe@vch.ca and quote Catalogue No. **FJ.100.N55**
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Vancouver Coastal Health

Who is Eligible?

Children are eligible for coverage if they are:

- a) more than 6 months old;
- b) less than 27 years old; and
- c) live in Canada, except the province of Quebec.

If a child is 14 years old or older at any time during the Coverage Period, they must be a full-time student within the 12 months prior to any claim. We define a full-time student as being enrolled in a minimum of 3 courses at the same time, during any 4-month period.

If you have children enrolled in different schools or school boards, they may all be insured under one policy.

STUDENT ACCIDENT INSURANCE

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🌐 www.INSUREMYKIDS.COM

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