

# Blair's Week-At-A-Glance (WAAG) for Families:

# February 24-28, 2025

Dear Blair Families.

We have been enjoying some warmer weather lately, but we are still in winter! Thank you for continuing to send your child with boots and jackets to go outside at recess and lunch.

I encourage you to attend the Parent Education Session with Hannah Beach, offered virtually through SD38 on February 25! Please see below for more information.

We look forward to the rest of Term 2, including the next Learning Update (Parent Teacher Conferences) scheduled for next week, supported by our February 25<sup>th</sup> 11:50am early dismissal. Please make sure that you book a conference time with your child's teacher!

-Mr. Livingston

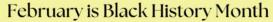
# Highlights For Next Week Include:

Monday	PAC Rice Bowl Lunch Day
Feb. 24	3:00 Girls' Basketball Home Game vs Diefenbaker
Tuesday	Early Dismissal for Conferences 11:50am
Feb. 25	6:30 SD38 Parent Education Session with Hannah Beach: Virtual
Wednesday	Pink Shirt Day
Feb. 26	Fruit and Veggie Program
	3:00 Boys' Basketball Away Game vs McKay
	3:00 Girls' Basketball Home Game vs Spul'u'kwuks
	8:00 PAC Meeting (online)
Thursday	Boys' Basketball Away Game vs Brighouse
Feb. 27	
Friday	Young Actors Project Make Up Sessions
Feb. 28	• 12:00 PAC Lunch Day

### **Upcoming Important Dates and Special Events:**

Mar 5/6	Burnett Basketball Tournament
Mar 14	Last day before Spring Break
Mar 31	School reopens after Spring Break
Apr 18	Good Friday No School in session
Apr 21	Easter Monday No School in session
Apr 25	Term 2 Written Learning Updates/Report Cards published on MyEd

# Significant Dates in our Community





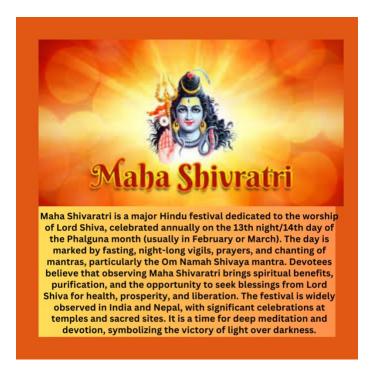
Maha Shivaratri: Feb. 26 Pink Shirt Day: Feb. 26 Ramadan Begins (Ends March 29): Feb. 28







Ramadan is the holiest month in Islam, observed by Muslims worldwide as a time of fasting, prayer, reflection, and community. It falls in the ninth month of the Islamic lunar calendar and lasts 29 or 30 days, depending on the sighting of the moon. During Ramadan, Muslims fast from dawn to sunset, abstaining from food, drink, and other physical needs, focusing on spiritual growth, self-discipline, and devotion to God. Nights are spent in prayer, including Taraweeh (special nightly prayers), and the Quran is recited. The month concludes with Eid al-Fitr, a festival of feasting and gratitude. Ramadan fosters charity, compassion, and a deeper connection with faith.



## **PAC Hot Lunches**

February Hot Lunch Orders are available on MunchALunch.

Please also note new vendors!

www.blair.sd38.bc.ca









# **Parent Education Session: Presented by Hannah Beach**

February 25, 2025 | 6:30 – 8 p.m.

Children are becoming more anxious and aggressive. The common thread? A stark decline in free play. After this session, you may never see play the same way again. Our current culture has replaced play with entertainment and structured activities. We are now seeing the emotional side effects of the loss of play in the lives of children as aggression and anxiety in young people is at an all-time high.

The research is clear: children learn and develop best through play. And yet, children are playing less than ever. In fact, this is the first generation of children that does not have a play-based childhood. The side effects? Children and youth are struggling. It has become harder than ever to lead and care for kids.

This conversation has never been more important as we look at how we can support children's emotional health and learning. We'll unpack the science behind play and how it lowers anxiety and aggression, builds resilience, and fosters social and emotional health.

Little changes can have big effects. Join Hannah for a powerful workshop that will help you discover practical ways to transform your family culture and support your children in becoming their best selves.

Closed captioning in multiple languages will be available for participants.

Click here to register

Or go to our School District Website!

#### **About the Presenter**

Hannah Beach

Hannah Beach is an award-winning educator, author, emotional health consultant, and keynote speaker. She is the co-author of the best-selling book Reclaiming Our Students: Why Children Are More Anxious, Aggressive, and Shut-Down than Ever — and What We Can Do About It.

Hannah was recognized by the Canadian Human Rights Commission in 2017 as one of five featured changemakers in Canada. Her bestselling I Can Dance book series, supporting the emotional health of children through movement, play, and expression, won a 2017 Gold International Moonbeam Children's Book Award. You can find her at hannahbeach.ca.

# Strategic Plan 2025–2030





Scan to learn more and find out how you can get involved







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# Need dental insurance?

If your children don't have dental insurance, they may be eligible for dental benefits.





### **Canadian Dental Care Plan**

### Eligibility:

- Do not have access to dental insurance
- Have an adjusted family net income of less than \$90,000
- Be a Canadian resident for tax purposes
- Have filed your tax return in the previous year
- Children must be under 18 years old

If your child has dental insurance through a provincial, territorial or federal government social program, **they can still qualify** for the Canadian Dental Care Plan



Scan here for more info and how to apply!

# **BC Healthy Kids Program**

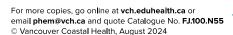
### Eligibility:

- Must be eligible for Medical Services Plan (MSP) Supplementary Benefits
- Have an adjusted family net income of \$42,000 or less
- Children must be under 19 years old



Scan here for more info and how to apply!

Visit www.vch.ca/dentalhealth for dental health services and resources.







# Who is Eligible?

Children are eligible for coverage if they are:

a) more than 6 months old;
 b) less than 27 years old; and
 c) live in Canada, except the province of Quebec.

If a child is 14 years old or older at any time during the Coverage Period, they must be a full-time student within the 12 months prior to any claim. We defin a full-time student as being enrolled in a minimum of 3 courses at the same time, during any 4-month period.

If you have children enrolled in differnt school s  $\sigma$  school boards, they may all be insured under one policy.





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